



**LOS ALTOS HIGH SCHOOL
10TH GRADE
COURSE SELECTION WORKSHEET**

LAST NAME:	FIRST NAME:	M.I.
ID:	CURRENT GRADE: 9	
COUNSELOR NAME:		

HIGHLIGHT YOUR CHOICES BELOW

List below 1-2 alternative electives

- = denotes a course recognized by UC as meeting an "a-g" requirement
- (Not all of these courses are NCAA approved. See <https://web3.ncaa.org/hSPORT/EXEC/HSAction> for details)
- += denotes a course that is given weighted credit by UC (A=5, B=4, C=3)
- * = semester length course
- '@' = pending UC approval

CORE COURSES	
ENGLISH	SCIENCE
<p><i>Students must select one of the following options:</i></p> <ul style="list-style-type: none"> • World Literature - DC2015 • World Literature Honors - DB2010 	<p><i>Students must select one of the following options:</i></p> <ul style="list-style-type: none"> • Biology - CC1010 • Biology Honors - CB1010 • Chemistry - CC2010 • Chemistry Honors - CB2010 • Human Biology - CC1020
MATH	SOCIAL STUDIES
<p><i>Students must select one of the following options:</i></p> <ul style="list-style-type: none"> • Algebra I - AC1110 • Algebra II - AC3010 • Algebra II Honors - AB3010 • Geometry - AC2110 • Geometry Honors - AB2010 • Trig. Math. Analysis - AC4010 • +Trig. Math. Ana. Honors - AB4010 	<p><i>Students must select one of the following options:</i></p> <ul style="list-style-type: none"> • +AP European History - EA2010 • +AP Human Geography - EA5010 • World History - EC1010 <p align="center">SOCIAL STUDIES Electives (Optional) <i>May choose one</i></p> <ul style="list-style-type: none"> • *Psychology - EC4310 • Positive Psychology - EC43
PHYSICAL EDUCATION	HEALTH
<p><i>Students must select one of the following options:</i></p> <ul style="list-style-type: none"> • Grade 10-12 PE Fall - PO1030 • Grade 10-12 PE Spring - PO1040 • Dance - JC1210 • Marching Band PE - JC1202 • Yoga - PO1280 • Weight Training - P01230 	<ul style="list-style-type: none"> • *Health - LC1010

ADDITIONAL COURSES	
<i>May choose up two additional courses - please identify two alternates</i>	
WORLD LANGUAGES	PERFORMING ARTS
<ul style="list-style-type: none"> • +AP French Language - FA1014 • French I - FC1010 • French II - FC1011 • French III - FC1012 • +French III Honors - FB1013 • Latin I - FC3010 • Latin II - FC3011 • +AP Chinese Lang. & Culture - FA5013 • Mandarin Chinese I - FC5010 • Mandarin Chinese II - FC5011 • Mandarin Chinese III - FC5012 • +Mandarin Chinese IV Honors - FB5014 • +AP Span. Lang. - FA2015 • +AP Span. Lit. - FA2017 • Spanish I - FC2010 • Spanish II - FC2011 • Spanish II Honors - FB2012 • Spanish III - FC2013 • +Spanish III Honors - FB2014 • Spanish IV - FC2015 • +Sp III H for Sp Speakers - FB2111 	<ul style="list-style-type: none"> • Acting II - JC1420 • Acting I - JC1410 • Bel Canto - JC1045 • Chamber Ensemble - JC1250 • Chorale - JC1020 • Concert Band - JC1220 • Concert Choir - JC1030 • Dance - JC1210 • Dance II - JC1211 • Exploring Music - JC1310 • Jazz Ensemble - JC1260 • Marching Band - JC1200 • Orchestra - JC1270 • Symphonic Band - JC1230 • Volare - JC1085 • Wind Ensemble - JC1240

ADDITIONAL COURSES- Continued
VISUAL ARTS
<ul style="list-style-type: none"> • Digital Photo. - IC1220 • Drawing I - IC1010 • Drawing II - IC1011 • Drawing III - IC1012 • New Media Literacy - KC1055 • Painting I - IC1110 • Photography I - IC1210 • Photography II - IC1211
CTE
<ul style="list-style-type: none"> • +AP Computer Science - BA1010 • Culinary Arts I - KC1012 • Design & Fabrication - BC2041 • Design & Prototyping - BC2040 • Digital Communications I (Journalism I) - KC1300 • Digital Communications II (Talon) - KC1330 • Digital Communications II (Yearbook) - KC1310 • Engineering I - KC1350 • Engineering I - KC1340 • Innov. Design Essentials - BC2045 • Intro. Comp. Program. - BC1017 • Robotics I - BC2060 • Robotics II - BC2061
OTHER ELECTIVES
<ul style="list-style-type: none"> • AVID Sophomore - HC0030 • Student Gov't. - OC1020 • Stu. Com. Leaders - OC1025 • AVID Tutor - HO0070 • Peer Tutor - NO1060
ALTERNATE ELECTIVES
<p>List 1-2 alternate electives</p> <p>1. _____</p> <p>2. _____</p>

SPECIAL PROGRAMS
<ul style="list-style-type: none"> • Freestyle Academy - TX1190/PX1200 • Middle College - RX1310 • College Now! - VN9010 <p><i>Application required.</i></p>

ATHLETICS
<p>Fall- Winter- Spring-</p>
OTHER
<ul style="list-style-type: none"> • Not Returning - RX1118

Los Altos High School

This form is to help students select their courses and calculate how they utilize their time each week.

There are a total of 168 hours per week.

Students typically spend 36 hours in classes per week <i>LAHS College Prep courses have an average of 2-3 hours of homework per week; AP and Honor Courses have an average of 4-5 hours of homework per week.</i>			
	Current course	Proposed Course (24-25)	Anticipated Hours of Homework per week
English			
Social Studies			
Math			
Science			
World Language			
Elective			
Elective			
Total Anticipated Homework			